

villa santun



SPA MENU



All treatments in your villa

• Full Body Scrub & Massage

A lemongrass scrub is gently applied to the whole body to remove dead cells and give the skin a new lease of life. Then a relaxing massage is performed that will leave you feeling fresh all over.

Products: *Sudhamala Natural Oil and Natural body scrub*

90 min — IDR 500.000

• Refreshing Body & Mind Massage

This total body treatment will remove tension and stiffness for a feeling of renewal. It involves a combination of gentle massage techniques, revitalising tapping movements and pressure applied to energy points using a blend of lemongrass, mint and other essential oils. Products: *Sudhamala (aromatic tonic)*

90 min — IDR 400.000

• Relaxing Body Massage

This total body treatment is performed to eliminate inner and outer stress. You will be guided into a state of sublime relaxation through gentle massage and the healing art of touch.

Products: *Sudhamala Natural Oil*

90 min — IDR 500.000

• Balinese Boreh

A Balinese Boreh is a centuries-old healing recipe of herbs and exotic spices traditionally used as a *body revival* in the form of mask and scrub. *Bo* in Balinese means *ready*, and *reh* comes from the Balinese word for blood, *rah*, so Boreh literally brings your body to life.

90 min — IDR 500.000

• Traditional Balinese Massage

Balinese massage is a full-body, deep-tissue, holistic treatment. Balinese massage is a combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood, oxygen and *qi* (energy) around your body and to bring a sense of wellbeing, calm and deep relaxation.

60 min — IDR 300.000

BEAUTY CARE

• Relaxing Facial

This relaxing treatment involves a thorough cleansing and the application of a mask to tranquilise the skin and expose it to different sensations (hot, cold and soft pressure). Moisture levels are rebalanced leaving the skin soft and radiant.

Recommended for all ages. Products: *Biokos*

60 min — IDR 350.000

• Whitening Facial

The skin is cleansed thoroughly using *Biokos* products followed by the application of a mask to control visible spots and freckles. This treatment results in a clearer looking complexion. Recommended for all ages. Products: *Biokos*

60 min — IDR 400.000



SPECIFIC AREA TREATMENTS

• Manicure or Pedicure with Colouring

Give your nails a new lease of life with a treatment that gently files away rough edges, removes cuticles and polishes the surface for a healthy shine.

60 min — IDR 300.000

• Head Massage

This treatment stimulates blood circulation, removes inner and outer stress as well as activates the brain.

Products: *Sudhamala*

60 min — IDR 250.000

• Hand, Arm & Shoulder Massage

Enjoy a complete upper arm massage that extends down to your fingertips. It effectively reduces hand, arm and shoulder fatigue by stimulating blood circulation and applying pressure to the 'tsubo' (effective pressure points).

Products: *Sudhamala Natural Oil*

60 min — IDR 250.000

• Foot Massage

This treatment reduces fatigue by thoroughly stretching and massaging the toes and lower legs up to the knees. By stimulating blood circulation, swelling is reduced to give you light and refreshed feet.

Products: *Sudhamala Natural Oil*

60 min — IDR 250.000



• Revitalising Facial

This deep cleansing facial is followed by the application of a soothing mask to rehydrate and refresh tired skin. It is suitable for older skin that looks slightly dull and has been exposed to the elements of nature. Recommended for clients 40 years and above.

Products: *Biokos*

60 min — IDR 350.000

BODY MASSAGE

• Revitalising Body Massage

The combination of gentle massage and pressure applied to 'tsubo' (effective pressure points) will remove all traces of stress and muscular tension. It leaves the body feeling fresh and energised.

Products: *Sudhamala Natural Oil*

60 min — IDR 300.000; 90 min — IDR 350.000

• Relaxing Aromatic Massage

This nurturing ritual combines gentle massage strokes and a blend of neroli, lavender and other essential oils to soothe the senses. It brings relaxation to the body, mind and spirit.

Not recommended for pregnant woman.

Products: *Sudhamala (aromatic relax)*

60 min — IDR 350.000; 90 min — IDR 400.000

• Body Scrub

This reviving body treatment uses naturally sourced ingredients to exfoliate the skin and leave it feeling refreshed. It is followed by a body massage for added relaxation.

Products: *Sudhamala Natural Oil and Natural body scrub*

60 min — IDR 400.000

• Neck & Shoulder Therapy

Release travel stress with this therapy that focuses on the head, neck and shoulder. Benefit from eased pain and increased mobility.

Products: *Sudhamala Natural Oil*

60 min — IDR 250.000

• Intensive Back Therapy

This therapy is for anyone who suffers from back pain or stiffness, either chronic or aggravated by stress of travel.

Products: *Sudhamala Natural Oil*

60 min — IDR 300.000

All prices are subject to 21% service charge and government tax

www.villasantun.com



You can also enjoy a variety of treatments in the Temuku Spa, situated next door to Villa Santun